

# THE CARROLL CLOVER



## A YEAR IN REVIEW

Carroll County 4-H offers engaging, hands-on in-school programming and out of school community activities.

If you are new to the 4-H world, WELCOME! I hope that you will join us for future programs, activities, contests, workshops and more.

To those of you who have participated or served in volunteer and leadership roles, thank you for all you have done! Hope to see you soon.

Here's a snapshot of some of the fun activities we have done this year....

## WHAT IS 4-H?

4-H is a community of young people across America learning leadership, citizenship, and life skills.

4-H is the largest youth development organization in the United States with nearly 6 million members.

The 4 H's stand for head, heart, hands, and health.





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## MEET YOUR 4-H AGENT

Hello everyone! My name is Chloe Sutherland. I am so excited to be in Carroll County!

4-H helped to make me the person that I am today. I joined 4-H in 4th grade. I was very shy. Participating in presentation contests from a young age allowed me to gain confidence in public speaking and become a leader. As a young adult I was able to experience a world outside of my bubble as I travelled and met other 4-Hers from all over America. I hope to provide the same opportunities for youth in Carroll County.

I recently graduated from James Madison University where I studied Health Sciences-Public Health Education and recieved minors in American Studies and Substance Abuse Education. I am currently pursuing my Master's Degree in Youth Development Leadership at Clemson University.



### Contact Information

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## Workshop Wednesdays

This summer we had 7 Workshop Wednesdays where youth were able to explore a variety of subjects and participate in hands-on learning. The workshops this year included: Cake Decorating, Tie-Dye, Pollinators, Life Skills, Science, Technology, Engineering and Math (S.T.E.M.), Cloverbud, and Storytelling. Thanks to all who joined us!



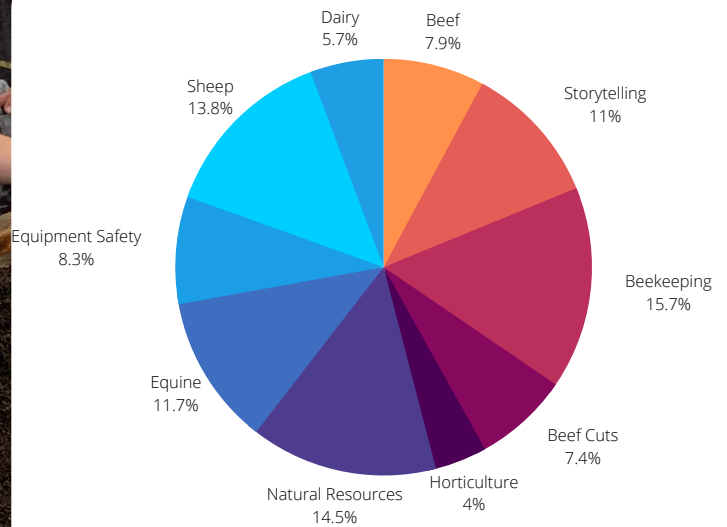


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## Ag Education Day

Virginia Cooperative Extension and the Carroll County Agricultural Fair were happy to educate second and third grade students in Carroll County Public Schools, and second graders from Galax at Ag Education Day.

Ag Day Stations



Most popular stations this year were beekeeping, natural resources and sheep.



Students learned about agriculture topics through interactive stations. Topics explored included beef, beekeeping, horticulture, natural resources, equine, equipment safety, sheep, and dairy.



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## "Real Life" at CCMS

Students in Ms. Hiatt and Mr. King's classes participated in a 3 day "Real Life" program. Topics covered included Career Exploration, Economic Education and a "Real Life" Simulation. Students were given a pre-test and post-test to measure their knowledge before and after participating in this hands-on program. More students were excited about their future job after completing the program.

Pre-test results determined that **73.3%** of students understood what minimum wage was and **38.6%** of respondents knew how to determine their monthly income.

After completing the program, **82.9%** of respondents knew what minimum wage was and **87.8%** of students understood how to determine their monthly income.





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## 4-H Camp

Sign up now!

Join us  
July 10-14  
2023



### What does a day at 4-H Camp look like?

- Rise and Shine
- Breakfast
- Flag Raising and Songs
- Classes
- Lunch
- Swim and Recreation
- Dinner
- Evening Activity
- Campfire
- Lights Out

### What type of educational programming is provided?

- Animal care
- Archery
- Cooking
- Swimming
- Arts and Crafts
- Fishing, and more!



### What are the benefits of camp?

Youth:

- Make memories
- Develop friendships
- Participate in hands-on experiential learning
- Gain independence
- Learn leadership, social and life skills



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## Happy Holidays Workshop

Each participant made their own gingerbread house, snow globe, and ornament.



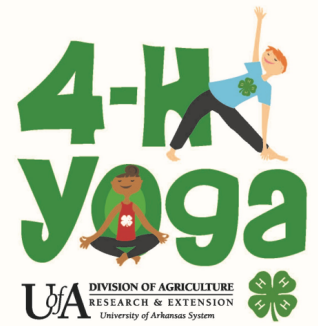
## Handmade Crafts Workshop

Participants made a candle, soap, and salt scrub. They learned about entrepreneurship.



## Healthy Living Workshop

4-Hers participated in 4-H Yoga, made New Year's resolutions, and learned about healthy living.





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## Hillsville Farmers Market Activities

Positivity Rocks!  
Recycled Bird Feeders  
Piggy Banks



## Gladeville

4th graders at Gladeville Elementary in the Life 4-H Club and Eagles 4-H Club recently participated in a Dramatic Reading Contest.

## Pipsqueaks

### Poultry 4-H Club

This 4-H Club meets the third Monday of each month at Hillsville Presbyterian Church.



## Homeschool 4-H Club

There has been a lot of interest... and a Homeschool 4-H Club is starting. Details coming in the new year!

## Gladesboro

4th and 5th graders at Gladesboro Elementary in the 4-H Gators Club have learned about parliamentary procedure, leadership, and public speaking.

## Carroll County Enrichment Program

This after-school group at Hillsville Elementary has elected club officers and will participate in 4-H Yoga and S.T.E.M. activities this year.

## Pumpkin Decorating Contest



Congratulations  
**Cameron Helton!**

## Want to Learn More?

Phone:  
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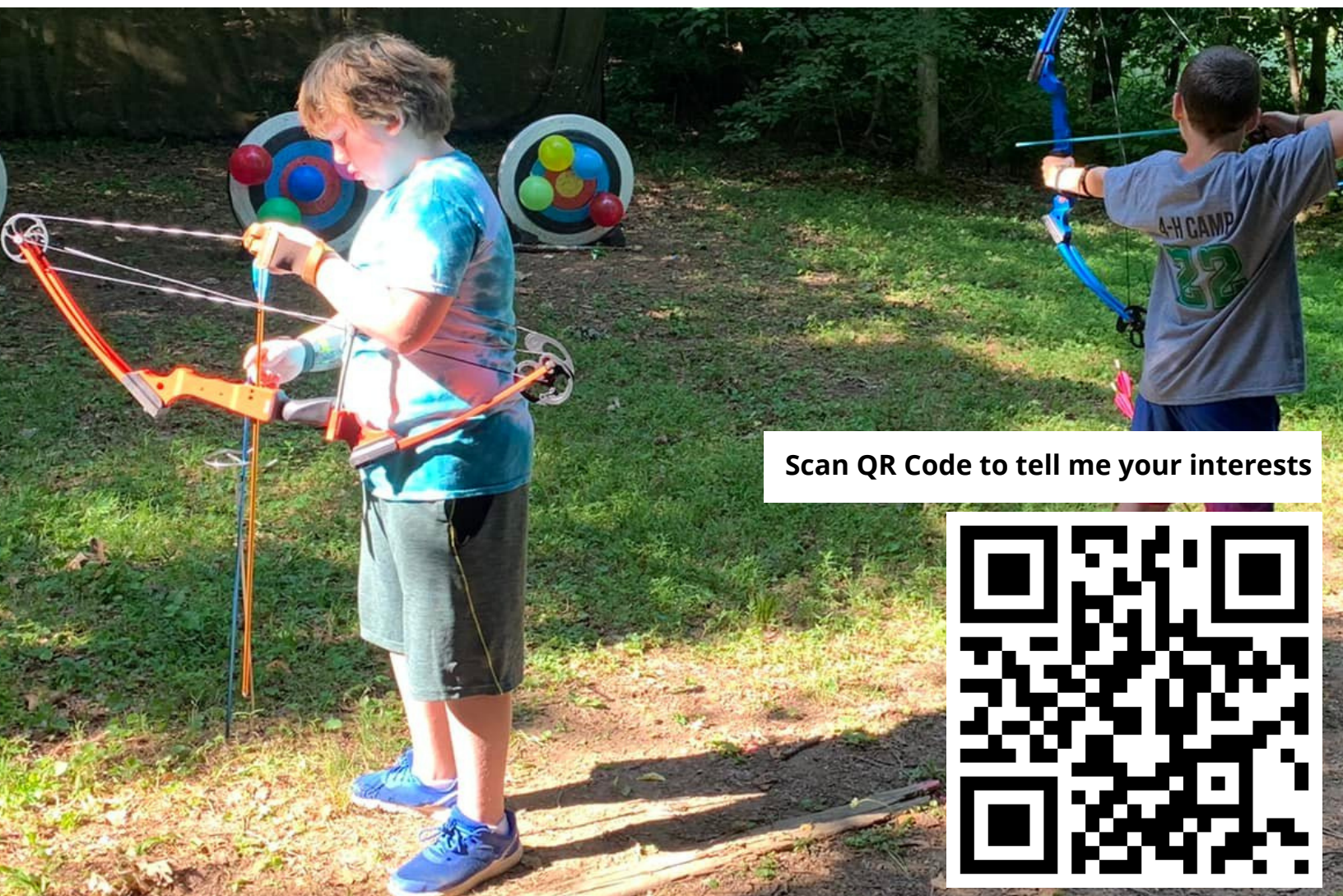
## Check us out on social media!



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