

What is 4-H?

4-H is a community of young people across
America learning leadership, citizenship, and life skills.

4-H is the largest youth development organization in the United States with nearly 6 million members.

The 4 H's stand for head, heart, hands, and health.

A Year in Review

Carroll County 4-H offers engaging, hands-on inschool programming and out of school community activities.

If you are new to the 4-H world, WELCOME! I hope that you will join us for future programs, activities, contests, workshops, and more.

For those of you who have participated or served in volunteer and leadership roles, thank you for all you have done! Hope to see you soon.

Here's a snapshot of some of the fun activities we have done this year...



4-H Agent Note

This 4-H year was full of learning and growth! I loved learning new things from students during the presentation contest. I also grew pumpkins for the first time alongside youth participating in the Pumpkin Project.



Pumpkin Project

This year, Commercial Horticulture Agent, Ashley Edwards and I launched a **NEW** Pumpkin Project! In this project, youth grew pumpkins and kept Project Record Books to monitor their progress.











Homeschool 4-H Group

We are so excited to have started a Homeschool 4-H Group! All homeschoolers are welcome. We meet once a month on Fridays from 10:00-11:30. Check out all the fun activities that we have planned for this year. So far, members have cooked, baked and tried out their photography skills. Special thanks to Rachel Mayes and Sylvia Horton for serving as Adult 4-H Club leaders!

Schedule:

October 25- Interest Meeting
November 22- Cooking
December 13- Photography
January 24- Health & Wellness
February 21-Contest Prep
March 28- Contest Day!
April 18- Animal Care
May TBD- Gardening

Youth Entrepreneurship Program

YEP! We're back! Carroll County 4-H and the Town of Hillsville Farmers Market partnered to launch the Youth Entrepreneurship Program in 2023. Our goal is to provide the opportunity for youth to learn about entrepreneurship through hands-on experiential learning during two interactive workshops and through selling their products at the Town of Hillsville Farmers Market. This year, our "yeppers" sold walking sticks, cake pops, muffins, lemonade, greeting cards, and greenery!





Maddie



Jayson



Caroline S.



Lucia



Caroline O.



4-H Camp

This past summer, 86 people attended 4-H Camp with Carroll County! Save the date for July 28 - August 1, 2025!







Thank you to our adult volunteers! We could not do it without you!

Sarah Jo Jones Nadine Mergen Katlyn Newman Les Sutherland Christian Taylor Caitlyn Ward



Thank you to everyone that provided scholarships for campers!

- ASL Bookkeeping and Tax Service
- Chris Goad-State Farm Insurance
- Farm Bureau Women's Committee
- First Community Bank
- Johnson Family Chevrolet
- Patricia Hartsock
- Rotary Club of Hillsville
- Rotenizer Drapery and Carpet
- Skyview Baptist Church
- Stockner Excavation
- Susan Clark
- The Lane Group
- Vaughan Guynn McGrady Chapel
- W.O. Hill and Son
- & ALL of our anonymous sponsors







Workshop Wednesdays

This summer we had 5 Workshop Wednesdays where youth were able to explore a variety of subjects and participate in hands-on learning. The workshops this year were: Heat Press 101, Tie-Dye, Build a Birdhouse, Spa Day, and Kids in the Kitchen. Thanks to all who joined us!



Heat Press 101



Tie Dye



Build a Birdhouse



Spa Day



Kids in the Kitchen

Ag Education Day Field Trips

Carroll County VCE is proud to serve on the Carroll County Agricultural Fair Committee. This year, all 2nd, 3rd, and 5th grade students attended Ag Education Field Trips during the week of the fair where they got to learn about the importance of agriculture by exploring interactive stations.



Beekeeping Station



FFA Helpers



Barnyard



Plant Station



VCE Friends!

Allison Brown Andrea Haubner Patricia Leftwich Kevin Spurlin Andrea Wann

Helping Organizations!

Carroll County Middle School and High School FFA
Carroll County Tourism
Department of Forestry
Farm Bureau Women's Committee
New River Soil and Water Conservation District
Summer Stage

USDA Farm Service Agency

Station Presenters!

Cathy Bachara
Barry Kenny
Genevieve Kenny
Bennie Quesenberry
And more!

In-School 4-H Clubs

This year, all 4th and 5th grade classes in Carroll County Public Schools have in-school 4-H Clubs. Each 4-H Club has peer elected officers and a unique club name chosen by students. Ask your students what they are learning!

Meeting 1: Introduction to 4-H & 4-H Officer Elections

Meeting 2: How to do a Dramatic Reading

Meeting 3: Dramatic Reading Contest

Meeting 4: STEM & Teamwork

Meeting 5: How to do a Presentation/Demonstration

Meeting 6: Presentation/Demonstration Contest

Meeting 7: 4-H Reflection and Wrap-Up-Other 4-H Opportunities



Congratulations to the 388 youth who participated in the dramatic reading contest and 293 youth who participated in the presentation contest!

4-H Area Contest

Sixteen youth represented Carroll County at the 4-H Area Contest in the Presentation Category. All were awarded blue ribbons, and we had 8 Grand Champion winners! Congratulations to all our participants! Thank you to Steve Pottorff, Darlene Edwards, Christian Taylor, Vanessa Sutherland, and Les Sutherland for helping with this event.





CCMS 4-H Club

Our CCMS 4-H Club incorporates "youth voice" by allowing students to vote for their top 3 projects in the areas of STEM, Civic Engagement, and Healthy Living. This past Spring, we did a project where we made cat shelters for the Twin County Humane Society. In the Fall we elected 4-H Club Officers and made blankets for people in our community.



Learn, Grow, Eat, Go

FCS-SNAP-Ed Agent Andrea Wann and I continue to deliver Learn, Grow, Eat, Go programming to youth participating in the Carroll County Enrichment Program at Hillsville Elementary School! Students learn about plant science, health and nutrition, and participate in engaging physical activities during this after-school program.



Real Life Program

7th grade students at CCMS have the opportunity to see if they can make it through a month on a budget while participating in the Real Life Program. Students learn about careers, receive a monthly income, and make choices about their housing, transportation, healthcare, grocery spending, and more. The catch? Sometimes life throws in unexpected challenges and surprises. Will they get a speeding ticket? Do they have a family? Students keep track of their expenses and experience "real life."

Teen Leadership Council

One opportunity available for teen 4-H members is applying to be a member of the Southwest Virginia Teen Leadership Council. There are currently two seats available for Carroll County youth. This year, members planned Camp Open House, attended the Southern Region Teen Leadership Conference in Crossville, Tennessee and participated in the Smithsonian Institute's 4-History Project.



Laurel Elementary School Field Trip

Last Spring, we did our first ever 4-H Camp Field Trip with students in fourth grade at Laurel Elementary School. Day 1 consisted of a "Day in the Life at 4-H Camp," and Day 2 students participated in SOL- based science activities. Youth got to participate in teambuilding activities, archery, recreation, vespers, and take a tour of the camp. They learned about the water cycle using candy and about plants by dissecting an identifying plant parts. A big thank you to the Southwest Virginia 4-H Educational Center Staff Abbie Moore and Rebecca Mullins, and Lee County 4-H Agent, Sarah Shuler for helping us to make this happen!



Plant Science Fun





Teambuilding & Campfire



National 4-H Forestry Competition

After winning 1st place at the Virginia 4-H State FFA Junior Forestry Competition, Carroll County students, Luke V., Jacob B., Aidan H., and Alexis S. had the opportunity to compete at the National 4-H Forestry Invitational held at Jackson's Mill State 4-H Camp and Conference Center. We are so proud of this team and their Coach, Alan Webb, who is a teacher and FFA Advisor at Carroll County High School. Also, shoutout to Katie Shockley for joining the team at the competition as an Adult Volunteer!



4-H Congress Spotlight

Proud of Preston for representing Carroll County at Virginia 4-H Congress! His favorite part of the week was getting to see Lane Stadium during his STEM & Sports Field Management Workshop. His recommendation for other teens wanting to attend Congress- Bring good walking shoes!



Project Record Book Winners

Grand Champions:

Maddie S. (Homeschool)
Gwen H. (Homeschool)
Adlyn C. (St. Paul)
Natalie D. (Gladesboro)
Gracie G. (Oakland)
Alexis F. (St. Paul)
Brailynn/Gio (Fancy Gap)



Blue Ribbons:

Emma B. (Homeschool)
Bohdi N. (Hillsville)
Andrew P. (Hillsville)
Sophie B. (Homeschool)
Ashton P. (Hillsville)
Blakely B. (Hillsville)
Rory M. (Oakland)
Hannah T. (Hillsville)
Jackie U. (Oakland)
Jayden D. (Gladeville)
Hannah C. (Laurel)

Grant R. (Hillsville)

Red Ribbons:

KeAndre S. (St. Paul)
Kason H. (Laurel)
Dania M. (Hillsville)
Gage M. (St. Paul)
Jordan K. (Hillsville)
Cambree L. (Gladeville)
Aliza G. (Hillsville)

White Ribbons:

Sammy Y. (Hillsville)
Aidan H. (Laurel)
Colton H. (Gladeville)
James A. (Laurel)
Alyviah W. (Gladeville)
Dagan S. (CCMS)



Virginia State Fair Poultry Show

We are very proud of 4-H member Cooper M. for representing Carroll County at the Virginia State Fair. Cooper said that starting at the county fair helped build his confidence. At the state fair, he received numerous accolades including "Grand Champion" for Best of Breed.

Cooper talked about one of his mentors, Roger Jones, who runs a farm. He shared, "Roger Jones has taught me a lot of stuff and I'm trying to pass that down to other people that are willing to learn because that is what Roger does for me. I try to see him at least once a week." Congratulations Cooper! Keep sharing your knowledge with others!



How Do I Start a 4-H Club?

Ask Yourself...

- Is there youth community interest in this topic?
 - Examples- Photography, Sewing, Livestock, etc.
 - Must have 5 + members from 3+ families in order to start a 4-H Club
- Do I have time to serve as a 4-H Volunteer and do I have 2+ friends who are willing to help?
 - Must have 3+ adult volunteers (who are not related) who have completed training to serve as 4-H leaders

Want to learn more?

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